



Thakur Educational Trust's (Regd.)

**THAKUR RAMNARAYAN
COLLEGE OF ARTS & COMMERCE**

ISO 21001:2018 Certified

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Criterion 5 - Student Support and Progression

Key Indicator - 5.1 Student Support

QnM 5.1.2 - Following capacity development and skills enhancement activities are organised for improving students' capability (10)

- 1. Soft skills**
- 2. Language and communication skills**
- 3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)**
- 4. Awareness of trends in technology**

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Pre-Placement Training - Aptitude Training



TRCAC/IP/06/FRM/07

Revision: A

Date - 15/03/2023

Activity Report

“Pre-Placement Training - Aptitude Training Programme”

By Mr. Sumeet Rathod

BACKGROUND

- **Reason/Objective:** The objective was to create awareness and training about the Pre-Placement Training - Aptitude Training Programme.
- **Usefulness:** The program was useful, as students were able to understand the level of proficiency in Aptitude.
- **Expected Outcome:** The expected outcome of the program was that the students got a clear understanding of the Aptitude.

BRIEF INTRODUCTION

Placement and Higher Education Committee of Thakur Ramnarayan College of Arts & Commerce had organized a training session on Pre-Placement Training - Aptitude Training Programme for all the students of Second-Year aimed at enhancing your proficiency in Aptitude. Therefore, we are committed to investing in your development to help you excel in your career and contribute more effectively to profile.

DETAILS OF PARTICIPANTS:

Number of faculty members attended	4
TOTAL	95



Thakur Educational Trusts (Regd.)

**THAKUR RAMNARAYAN
COLLEGE OF ARTS & COMMERCE**

ISO 21001:2015 Certified

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BEST LIKED PART OF THE ACTIVITY

- Active involvement from the participants.
- Highly engaging facilitator.
- Good impairment of knowledge.
- Significance of the topic enhanced.
- Opportunity to ask questions and get satisfactory responses.

OUTCOME:

After the “Pre-Placement Training - Aptitude Training Programme”, the participants were able to:

- Get a clear understanding of the Aptitude.

Mr. Sumeet Rathod
Training Head, P.H.E.



Dr. Ravish R. Singh
Principal

Mathematical Workshop on Shoonya to Sigma



TRCAC/IP/06/FRM/07

Revision: A

Date - 12/12/2021

Activity Report

“Shoonya to Sigma

By Dr. Mukul Bhatt

BACKGROUND

- **Reason/Objective:** The objective was to create awareness Mathematics & Statistics as new age tool for the technological world.
- **Usefulness:** The program was useful, as students were able to understand the level of proficiency in Mathematics & Statistics as a tool.
- **Expected Outcome:** The expected outcome of the program was that the students got a clear understanding of the Mathematics & Statistics as an emerging tool.

BRIEF INTRODUCTION

Placement and Higher Education Committee of Thakur Ramnarayan College of Arts & Commerce had organized a workshop on Shoonya to Sigma for the students of First Year aimed at enhancing your proficiency in Mathematics & Statistics as new age tool for the technological world. Therefore, we are committed to investing in your development to help you excel in your career and contribute more effectively to profile.

DETAILS OF PARTICIPANTS:

Number of faculty members attended	3
TOTAL	121

BEST LIKED PART OF THE ACTIVITY

- Active involvement from the participants.
- Highly engaging facilitator.
- Good impairment of knowledge.
- Significance of the topic enhanced.
- Opportunity to ask questions and get satisfactory responses.

OUTCOME:

After the “Shoonya to Sigma” session, the participants were able to:

- Get a clear understanding of the Mathematics & Statistics as an emerging tool.



Dr. Ravish R. Singh
Principal

**Language and
Communication Skills
Training Sessions**



TRCAC/IP/06/FRM/07

Revision: A

Date - 15/05/2023

Activity Report

"Language and Communication Skills Training Sessions"

By Mr. P. H. E.

BACKGROUND

- **Reason/Objective:** The objective was to create awareness and training about the Language and Communication Skills.
- **Usefulness:** The program was useful, as students were able to understand the level Of proficiency in verbal and written communication. Effective communication is a vital skill that contributes significantly to personal growth and professional success.
- **Expected Outcome:** The expected outcome Of the program was that the students got a clear understanding of the language and communication skills..

BRIEF INTRODUCTION

Placement and Higher Education Committee of Thakur Ramnarayan College of Arts & Commerce had organized a training session on Language and Communication Skills for the students of Second-year aimed at enhancing your proficiency in verbal and written communication. Effective communication is a vital skill that contributes significantly to personal growth and professional success. Therefore, we are committed to investing in your development to help you excel in your career and contribute more effectively to profile..

DETAILS OF PARTICIPANTS:

Number of faculty members attended	2
TOTAL	295



BEST LIKED PART OF THE ACTIVITY

- Active involvement from the participants.
- Highly engaging facilitator.
- Good impairment of knowledge.
- Significance of the topic enhanced.
- Opportunity to ask questions and get satisfactory responses.

OUTCOME:

After the “Language and Communication Skills Training Sessions” the participants were able to:

- Get a clear understanding of the language and communication skills.

Mr. Sumeet Rathod
Training Head, P.H.E.



Dr. Ravish R. Singh
Principal

Positive mental attitude Seminar



TRCAC/IP/06/FRM/07

Revision: A

REPORT OF "Positive Mental Attitude Seminar"
Conducted on
Thursday 22nd February, 2022
ORGANISED BY
THAKUR RAMNARAYAN COLLEGE OF ARTS AND COMMERCE

By- Asst Prof. Jayantilal Suthar

BACKGROUND

- **Reason/Objective-** The objective was to help students to prepare themselves for important exams and develop an affirmative lifestyle through Visualization and Relaxation. This seminar was conducted with the view to achieve the same.
- **Conducted under-** The seminar was conducted by the B.Com Department.
- **Usefulness-** The seminar was conducted to make the students develop a mind-set which assures attainment of optimal mental, physical, spiritual and financial success.
- **Expected Outcome-** The expected outcome of the program was to enable the students to overcome negativity and be thankful for what they have got and will get in life.
- **Expected to increase-** The seminar aimed at encouraging the students to develop the habit of using more and more positive words in day-to-day conversations.

BRIEF INTRODUCTION

The Seminar was organised by B.Com Department at Thakur Ramnarayan College of Arts and Commerce on Thursday 22nd February 2022 from 01.00-03.30 pm. It was attended by the students of Second and Third Year of All Programmes to get a glimpse of the path to positive and healthy lifestyle.

The speaker in the seminar was CA Ramnath Iyer, member of the Institute of Chartered Accountants of India (ICAI) who enlightened the students on how to achieve peace of mind and take control of their own life. Students were given a chance to clarify their doubts regarding the session, if any.

OBJECTIVES OF SEMINAR

The main objectives behind the program held was

- To acquaint the students with the developing a mind-set which assures attainment of optimal mental health
- To enlighten the students about the benefit of habit of using positive words

- To provide the students with a platform to get knowledge regarding developing the state of mind that continues to seek, find and execute ways to win, or find a desirable outcome, regardless of the circumstances.

DETAILS OF PARTICIPANTS

1.Number of faculty members	3
2.Number of TYBCOM students from TRCAC	18
3.Number of SYBCOM students from TRCAC	10
4.Number of TYBMS students from TRCAC	6
5.Number of TYCS students from TRCAC	3
6.Number of TYBAF students from TRCAC	1

CONDUCT OF THE WORKSHOP

NO: TRCAC/DC/CEEP/042 of 2021-22 was circulated on the official WhatsApp group of the students on 11th February 2022.

Number of meetings held to organise the program: 02

Details of the meetings: Students of FY/SYBCOM were assigned roles and Flow of the event was finalised.

The overall arrangements were supervised by Principal, Administrative Officer, full time faculty members and executed by all the full-time faculty of B.Com.

SUGGESTIONS/COMMENTS.

- More such programs should be organised.
- Very useful session.



Principal
Principal

Stress Management through Expressive Art Therapy



TRCAC/IP/06/FRM/07

Revision: A

Activity Report

“ArtBeat”

(Expressive Arts Therapy Workshop on Stress Management)

By Ms. Apurva Ghadshi

Date: 18/02/2022

Time: 12:30 p.m. to 2:30 p.m.

BACKGROUND

- **Reason/Objective :** The objective was to create awareness amongst all the participants regarding expressive art therapy.
- **Conducted under :** The program was conducted by the Department of Psychology of the college.
- **Usefulness :** The program was conducted to educate the participants on how to better manage stress.
- **Expected Outcome :** The expected outcome of the program was to enable the participants in identifying and acknowledging the stressors and manage it.
- **Expected to increase :** The program aimed at spreading awareness that stress can be managed in various ways , one of which is expressive arts.

BRIEF INTRODUCTION

Thakur Ramnarayan College of Arts and Commerce had organized an Expressive Art Therapy Workshop on “Stress Management” on 18th February 2022 from 01:00 p.m. to 03:00 p.m. It was attended by the students of Psychology in Degree College along with the participants from other streams . The program aimed at spreading awareness that stress can be managed in various ways, one of which is expressive arts.

The resource person for the workshop was Ms.Eshwari Bhoga, a Mental Health Counselor. The facilitator briefed the participants with various ways to cope with stress. Use of art expression on paper was beneficial in keeping the participants engaged with the topic. Throughout the program, the participants realized the available strategies to respond to the stressors in their daily lives. The session was interactive as the participants interacted with the resource person and other participants as well and towards the end it ended with questions and answers and discussions on how expressive arts help manage stress. Participants asked a variety of questions to the resource person which were satisfactorily answered.

- OBJECTIVES OF ACTIVITY :** The main objectives behind the program held was to
- To spread awareness regarding stress management.
 - To understand the expressive arts.
 - To train the participants to acknowledge the stress and manage it on a regular basis.
 - To cope with stress in a creative manner.

DETAILS OF PARTICIPANTS

Number of faculty members attended	2
Number of students attended	44
TOTAL	46

CONDUCT OF THE ACTIVITY

Notice No.: TRCAC/DC/CEEP/044 of 2021-22 was circulated among faculty and students on 12/02/2022 through whatsapp group

SUGGESTIONS/COMMENTS

- Frequency of such programs should be increased.


BEST LIKED PART OF THE ACTIVITY

- Active involvement from the participants.
- Highly engaging facilitator.
- Significance of the topic enhanced.
- Opportunity to ask questions and get satisfactory responses

OUTCOME

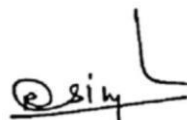
After the program on Expressive Arts Therapy, the participants were able to:

- Identify and reflect on the signs and causes of stress.
- Realize that they can be sensitive towards stress and be responsible first responders to it and express it through arts.
- Have a clearer understanding of stressors in one's life and how to cope with it and practice managing stress everyday.

Fes


Chairperson, CEEP




 Principal

Employability Skill Enhancement Programme



TRCAC/IP/06/FRM/07

Revision: A

Date - 15/05/2023

Activity Report

“Employability Skill Enhancement Programme - Full Stack Development using Java (35 Hours) - Apple Batch (Top 24)”

By Mr. Sumeet Rathod

BACKGROUND

- **Reason/Objective:** The objective was to create awareness and training about the Employability Skill Enhancement Programme - Full Stack Development using Java (35 Hours) - Apple Batch (Top 24).
- **Usefulness:** The program was useful, as students were able to understand the level of proficiency in Full Stack Development using Java.
- **Expected Outcome:** The expected outcome of the program was that the students got a clear understanding of the Full Stack Development using Java.

BRIEF INTRODUCTION

Placement and Higher Education Committee of Thakur Ramnarayan College of Arts & Commerce had organized a training session on Full Stack Development using Java (35 Hours) - Apple Batch (Top 24) for the students of T.Y.B.Sc. (I.T.) and T.Y.B.Sc. (C.S.) under Employability Skill Enhancement Programme aimed at enhancing your proficiency in Full Stack Development using Java. Therefore, we are committed to investing in your development to help you excel in your career and contribute more effectively to profile.

DETAILS OF PARTICIPANTS:

Number of faculty members attended	1
TOTAL	24



BEST LIKED PART OF THE ACTIVITY

- Active involvement from the participants.
- Highly engaging facilitator.
- Good impairment of knowledge.
- Significance of the topic enhanced.
- Opportunity to ask questions and get satisfactory responses.

OUTCOME:

After the “Employability Skill Enhancement Programme” the participants were able to:

- Get a clear understanding of the Full Stack Development using Java.

Mr. Sumeet Rathod
Training Head, P.H.E.



Dr. Ravish R. Singh
Principal

Webinar on Cybersecurity



TRCAC/IP/06/FRM/07

Revision: A

Activity Report

“Safer Internet Day”

By Ms. Apurva Ghadshi

Date: 10th February, 2022
Time: 2:00 p.m. to 4:00 p.m.

BACKGROUND

- **Reason/Objective:** The objective was to create awareness amongst all the participants regarding cyber security.
- **Conducted under:** The program was conducted by the CEEP.
- **Usefulness:** The program was conducted to educate the participants on how to use the internet safely.
- **Expected Outcome:** The expected outcome of the program was to enable the participants in identifying and understanding the internet threats and safely use it with security.
- **Expected to increase:** The program aimed at spreading awareness about internet and cyber security and how to use them in the safest way.

BRIEF INTRODUCTION

Thakur Ramnarayan College of Arts and Commerce had organized a Webinar on Cyber Security on the occasion of “Safer Internet Day” on 10th February 2022 from 02:00 p.m. to 04:00 p.m. It was attended by all the students of Degree College along with the participants from Junior College. The program aimed at spreading awareness about the internet threats and cyber-attacks and how to be safe from such attacks.

The resource person for the workshop was Mr. Kartik Rajesh, a Cyber Security Engineer. The facilitator briefed the participants on various types of security breaches and threats and also helped us with possible ways to stay away from such attacks. The different types of cyber security attacks are Phishing attacks, Trojan Horse, Malware attacks etc. Throughout the program, the participants also learned the possible ways and solutions to stop these attacks. The resource person also performed some activities where an infected URL was provided and explained about not opening and entering the personal credentials. The session was interactive as the participants interacted with the resource person and the webinar ended with questions and answers and discussions on how to be a responsible netizen. Participants asked a variety of questions to the resource person which were satisfactorily answered.

OBJECTIVES OF ACTIVITY:

- To spread awareness about cyber security.
- To understand the concept of cyber-attacks.
- To train the participants on how to be safe by such attacks.
- To be a responsible user of the internet.

DETAILS OF PARTICIPANTS:

Number of faculty members attended	1
Number of students attended	75
TOTAL	76

CONDUCT OF THE ACTIVITY

Notice No.: TRCAC/ADMIN/DC/30/2021-22 was circulated among faculty and students on 08/02/2022 through WhatsApp group.

SUGGESTIONS/COMMENTS

- Frequency of such programs should be increased.

BEST LIKED PART OF THE ACTIVITY

- Active involvement from the participants.
- Highly engaging facilitator.
- Significance of the topic enhanced.
- Opportunity to ask questions and get satisfactory responses.

OUTCOME

After the Webinar on Cyber Security, the participants were able to:

- Identify the Cyber Attacks and their causes.
- To be alert about new scams, hacks and threats on the internet.
- Realize that they can be responsible users of the internet.

Fes
A. Desai

Chairperson, CEEP



R. Singh
Principal

Seminar on Digital Marketing and Social Media



TRCAC/IP/06/FRM/07

Revision: A

REPORT ON THE SEMINAR ON DIGITAL MARKETING & SOCIAL MEDIA MARKETING

Friday, 18th February 2022

ORGANISED BY

THAKUR RAMNARAYAN COLLEGE OF ARTS AND COMMERCE

By- BMS Department in association with CEEP and PHE

BACKGROUND

- **Reason/Objective-** The main objective was to make students aware about the various opportunities available in the Digital Marketing field and the convenience at which they can learn and earn in a competitive world.
- **Conducted under-** The programme was conducted by the BMS Department under CEEP.
- **Usefulness-** The programme was conducted to cater the Co-Curricular needs of students.
- **Expected Outcome-** The expected outcome of the programme was to make them understand the vast range of opportunities available to them.
- **Expected to increase-** The programme aimed at encouraging the students to take up interest in the Co-Curricular activities along with regular academics.

BRIEF INTRODUCTION:

The Digital Marketing and Social Media Marketing seminar was organised on Friday, 18th February 2022, by BMS Department of Thakur Ramnarayan College of Arts and Commerce for BMS and BAMMC students to explore the various opportunities in the field of Digital and Social Media marketing.

We had more than 100 participants including BMS and BAMMC students.

We have followed all the covid-19 guidelines during the seminar like wear mask, sanitise hand, maintained social distancing etc.

OBJECTIVES OF EVENT:

The main objectives behind the program held was to

- To create awareness about Digital Marketing as an important aspect of marketing.
- To encourage students to take up various opportunities in Digital Marketing available to them.

DETAILS OF PARTICIPANTS

1.Number of faculty in-charge	02
2.Number of Volunteers	00

Number of meetings held to organise the program	Details of the meetings
02	Teachers incharge discussed with the resource person and finalised the content of the seminar Flow of the event was finalised.

The overall arrangements were supervised by Principal, Administrative Officer, full time faculty members and executed by BMS Department Event In-Charges.

SUGGESTIONS/COMMENTS.

- More such programs should be organised.


BEST LIKED PART OF THE PROGRAM

- Active involvement from the participants.
- Sufficient time provided to all the participants to ask questions
- Followed the covid-19 Guidelines

OUTCOME

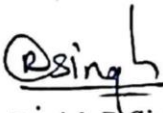
After the event, Volunteers and participants were able to:

- Gain insights about Digital Marketing.
- Understand, How to post an ad live.


Ms. Aparna Kulkarni(DC)
Mr. Rahil Dosani

Event In- Charges




Dr. Ravish R Singh

Principal

Seminar on Ethical Hacking in Real world



TRCAC/IP/06/FRM/07

Revision: A

Activity Report
'Ethical Hacking in Real World'
On 10th March 2022, 12:30 PM-2:30PM

ORGANIZED BY
THAKUR RAMNARAYAN COLLEGE OF ARTS AND COMMERCE

By-Asst Prof. Carmelita Dabre

BACKGROUND

- **Reason/Objective :-** The aim of this seminar is to increase awareness among students about Ethical Hacking and how different types of attacks can be planned and prevention against the same.
- **Conducted under :** Organized under CEEP Committee.
- **Usefulness :** The seminar was organized to supplement curricular needs of the students as well as to encourage intellectual development.
- **Expected Outcome :** The expected outcome of the seminar was students will be able to understand how hacking is done and the different vulnerabilities present with the help of which a system can be hacked.
- **Expected to increase :** Students participation in extra and co-curricular activities was expected to increase. A vital sense of responsibility towards the domain of technology will inspire students to shoulder a certain degree of responsibility as netizens of the Internet.

BRIEF INTRODUCTION

The seminar included Information Gathering and how a system can be hacked without touching the entity was demonstrated. A demonstration of Live Phishing Attack and the prevention against the attack was given. The students were made aware of what a Critical Vulnerability is. The students were informed about the dark web and the advantages and disadvantages of the same.

OBJECTIVES OF ACTIVITY : The seminar was organized with the objective to increase awareness among students about Ethical Hacking and how different types of attacks can be planned and prevention against the same.

DETAILS OF PARTICIPANTS

Number of faculty members attended	06
Number of students attended	95
Number of administrative staff attended	0
Total	101

CONDUCT OF THE ACTIVITY

Notice No.: TRCAC/DC/CEEP/061 of 2021-22 was circulated among faculty and students on Monday, 7th March through Whatsapp group

SUGGESTIONS/COMMENTS

Nil.

BEST LIKED PART OF THE ACTIVITY

- Students Interaction
- Live Demonstration of Phishing attack

OUTCOME

- Students realized the importance of Cyber Security
- Students understood how hacking is done and the different vulnerabilities present.
- Students understood the need of Ethical Hacking

Qabs

Faculty Incharge

Qsing
Principal